



The concept of Westbourne Ideas Café owes much to the origins and inspiration of the Lunar Society. Formed at the birth of the Industrial Revolution, it is regarded by many historians as its intellectual powerhouse. Participants included Erasmus Darwin, Josiah Wedgewood, Matthew Bolton, James Watt and even Benjamin Franklin. All male, unlike Westbourne Ideas Café!

We may not have such lofty ideas but, in this digital age, we too are experiencing another Revolution, affecting not only technology but society. This is our focus - **exploring ideas shaping the future.**

WIC is an informal group that meets the third Monday of every month from 4:00 pm to 5:30 pm. An exception is February when we meet the fourth week. For each session we usually have a prepared paper to guide free-flowing discussion. Led by a WIC presenter, we focus on selected themes.

Take the topic: *Eudaimonia in a world of AI*. Think what we may learn from the Greek's notion of a flourishing society with more leisure time, - if the pundits are correct! What might this mean for working lives and is an abundance of free time always a good thing?

Another session centred on *A New Model of Home Care* to augment and partly replace a creaking and overstretched system. This was followed by *My Own Healthcare App*. The NHS can only do so much and afford so much. At issue is being more responsible for our own healthcare - with the appropriate tools and support.

WIC may not put the world to rights but we can explore what's going on in the world, the subtle and seismic shifts taking place, and how these may affect the future. If this sounds like your cuppa, do join us! I would appreciate your contacting me first and suggest come along for a taster. If you enjoy the 'brew' and camaraderie you are welcome to join for a modest annual membership to cover room hire.

Live miles away, perhaps hundreds and thousands – no problem! Become a WIC Associate for free and contribute your thoughts from afar.

Thanks and Best Wishes

*Stuart*